

Livability For All: The 2016 AARP Age-Friendly Community Survey of West Sacramento, California Residents Age 45-plus



February 2016

Methodology

The World Health Organization's (WHO) Global Age-Friendly Cities and Communities project was created to help cities prepare for the rapid aging of populations and the increase in urbanization. The program targets the environmental, social, and economic factors that influence the health and wellbeing of older adults. The WHO has identified eight areas of livability that influence the quality of life of those in a community, particularly older adults. The eight domains, or areas of livability, are: Outdoor Spaces and Buildings, Transportation, Housing, Social Participation, Respect and Social Inclusion, Civic Participation and Employment, Communication and Information, and Community and Health Services.

AARP Research developed a survey instrument that captures the WHO eight areas of livability in order to: (1) help communities establish a baseline with regards to older adults being able to age in place, and (2) conduct a community needs/gap analysis to identify and prioritize areas of focus. To minimize the survey length as well as respondent burden the survey encapsulates the WHO eight areas of livability in a slightly different structure. According to the AARP survey and for the purposes of this report the eight areas are:

- 1. Outdoor Spaces and Buildings
- 2. Transportation and Streets
- 3. Housing
- 4. Social Participation, Inclusion, and Education Opportunities
- 5. Volunteering and Civic Engagement
- 6. Job Opportunities
- 7. Community Information
- 8. Health and Wellness

The present report is based on data from a mail survey of residents age 45 years or older living in West Sacramento, California. Resident addresses were provided by Survey Sampling International's (SSI) proprietary database. Each sampled member was contacted four times receiving the following pieces of mail: pre-notification postcard, the first survey, a reminder postcard, and a second survey. The survey was fielded from July 14 through August 25, 2015. A total of 400 completed surveys were returned by the cutoff date of August 25, 2015. There were 175 undeliverable surveys.

This survey has a margin of error of +/- 4.9 percent. This means that if 95 out of 100 samples of this same size and population were given the same survey, the responses to the questions would fall within a range of plus or minus 4.9 percentage points of what would have been obtained if every resident age 45-plus in the sampled area were asked the same questions. The sample was weighted by age and gender, and age and membership in AARP. Two sources were used for the weighting-AARP Membership Database, 2015 and Nielsen Pop Facts Advanced demographic data, 2015.

Percentages may not add up to 100 percent due to rounding. Also due to rounding, the percentages reported in the text may vary slightly from those in the annotation or in graphs.

Executive Summary

The Top Three Important Age-Friendly Community Features For West Sacramento Residents Age 45-Plus Are Well-Lit Streets, Well-Maintained Homes, and Respectful Hospital Staff

A livable community provides resources that allow residents to age-in-place, and fosters residents' engagement in their community's civic, economic, and social life. The **"2016 Age-Friendly Community Survey of West Sacramento, California Residents Age 45-plus**" was commissioned to help West Sacramento decision makers achieve the goal of livability. Using an operationalization of the World Health Organization's eight areas of livable community, the findings show:

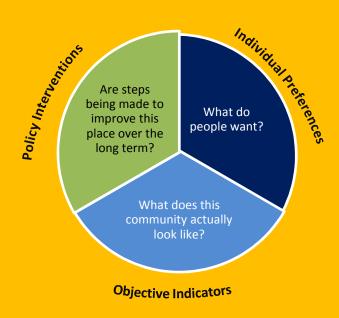
- West Sacramento residents age 45-plus have deep roots in their community. About a third (31%) have lived in their community for over 25 years. Most do not plan to move, and eight in ten (89%) say their community is a good place for older people to live.
- Overall, Transportation is rated as the most important livable community feature/domain for West Sacramento residents age 45-plus among all eight areas. These fourteen items relate to safe and accessible community transportation options. Heath and Wellness ranks as a close second, while Outdoor Spaces is ranked third.
- Well-lit, safe streets for all users (97%), well-maintained homes and properties (94%), and respectful and helpful hospital and clinic staff (93%) are the top three important community features for West Sacramento residents age 45-plus.
- In order to identify the needs of West Sacramento residents age 45-plus, survey respondents were asked about the importance of a community feature and service, then they were asked if these features and services existed in their community. These questions were then paired together to identify community needs or "gaps."
- While Health and Wellness dominated the list of important features, the top community needs gaps were spread out across the areas of Job Opportunities, Volunteer and Civic Engagement, Housing, and Health and Wellness.

2016 AARP Age Friendly Community Survey of West Sacramento, CA

Executive Summary cont.

The Top Reported West Sacramento Community Needs Are Concentrated In Health and Wellness, Job Opportunities, and Volunteering and Civic Engagement Issues

- Transportation to and from volunteer activities (83%) and volunteer training opportunities (76%) were identified as the top community needs gaps followed by affordable home health care (74%), local schools that involve older adults (74%), home repair services geared toward older adults (73%) and conveniently located emergency care centers (73%). Refer to the Key Findings for a summary of the top 10 community needs by WHO Areas.
- An important element of creating livability for all must be individual preferences. These survey findings help policymakers, planners, and others better understand the needs of an aging population in order to begin to brainstorm steps and policies that can be taken to improve livability.





From a simple perspective, a "livable community" is a place that allows individuals to age-in-place. A comprehensive definition of a livable community is one that is "safe and secure, has affordable and appropriate housing and transportation options, and offers supportive community features and services. Once in place, those resources enhance personal independence; allow residents to age in place; and foster residents' engagement in the community's civic, economic, and social life."

Across the nation, individuals make connections and commitments to homes, friendships, community organizations, and local social ties within their community and want to age-in-place. West Sacramento residents are no different.

About a third (31%) of West Sacramento residents age 50-plus have lived in their community for over 25 years, and most say their community is a good place to age in place.

West Sacramento residents age 45-plus have deep roots in their community. About a third (31%) have lived in their community for over 25 years. One in five (21%) have lived in their community between 15 and 25 years, and nearly half (48%) have lived in their community between 0 and 15 years.

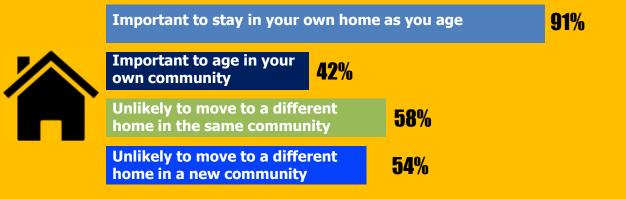
Rate Community as Place to Age in Place



Nearly nine in ten (89%) say their community is an excellent, very good or good place for older people to live. This high rating of their community is likely influenced by the fact that many have lived there for at least 15 years and desire to remain there as they get older.

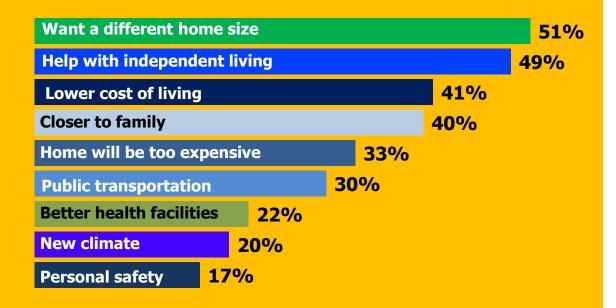
Most West Sacramento residents age 45-plus are unlikely to move into a different home within their community (58%) or move outside their community (54%) in their retirement years.

West Sacramento residents age 45-plus want to continue to live in their home for as long they can, but one in five (23%) say it is likely they will move outside their community in their retirement years. While two in five (42%) say it is extremely or very important to stay in their community as they age, more than twice as many respondents (91%), say it is extremely or very important to stay in their own home as they age.



Residents say the top factors that would impact their decision to move out of the area are the cost of living and expensive home maintenance.

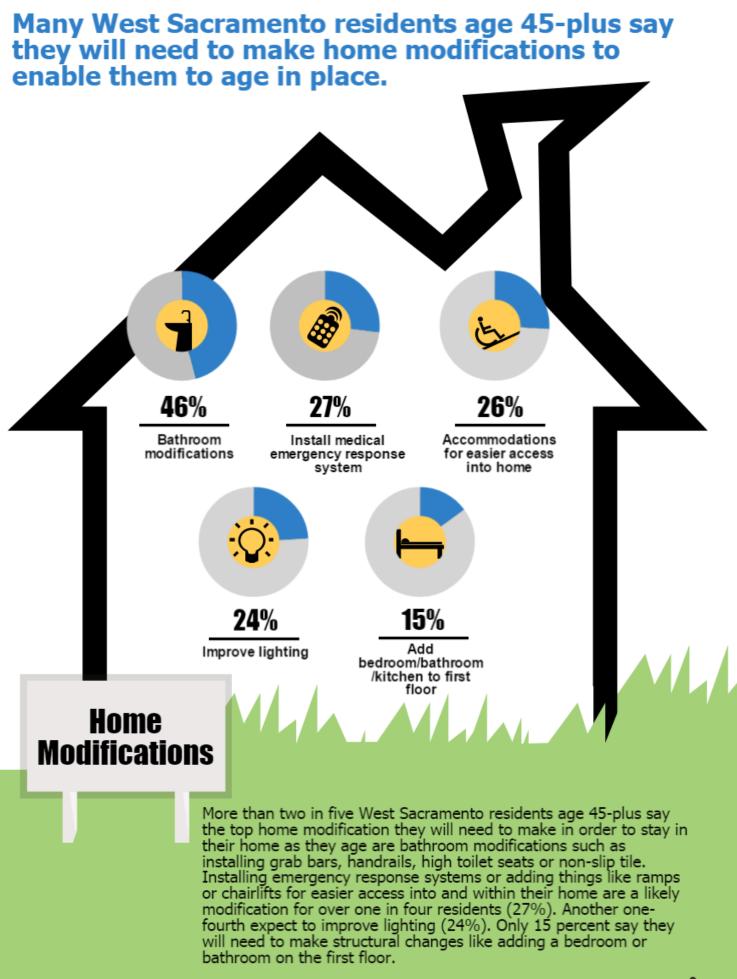
While it is at least somewhat important for most (74%) respondents to remain in their community as they age, if West Sacramento residents were to consider moving when they retire and do not work, over half (51%) say that they would move because they want a different sized home that will meet their needs and allow them to age in place.



Most West Sacramento residents age 45-plus own their own homes, and another majority live in a single family home.

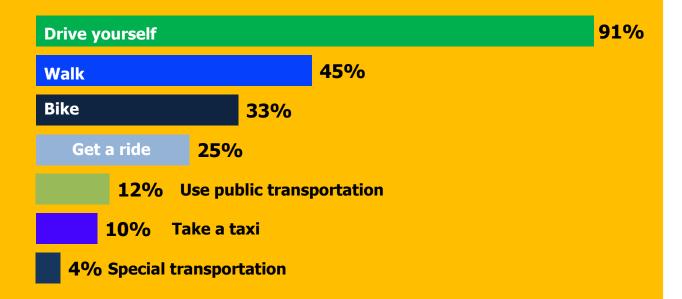
Most respondents (78%) own their homes while about one in five (20%) rents. The majority lives in a single family home (81%). Fewer than one in ten lives in an apartment (4%), mobile home (5%), or townhouse or condominium (1%). While most say they want to age-in-place, many will need to make home modifications in order to do so.

Type of Home		
Single Family Home	81%	
Townhouse/Duplex	7%	
Mobile home	5%	
Apartment	4%	
Condominium	1%	



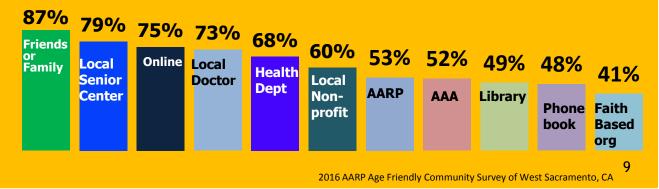
Most West Sacramento residents drive themselves when they need to get around.

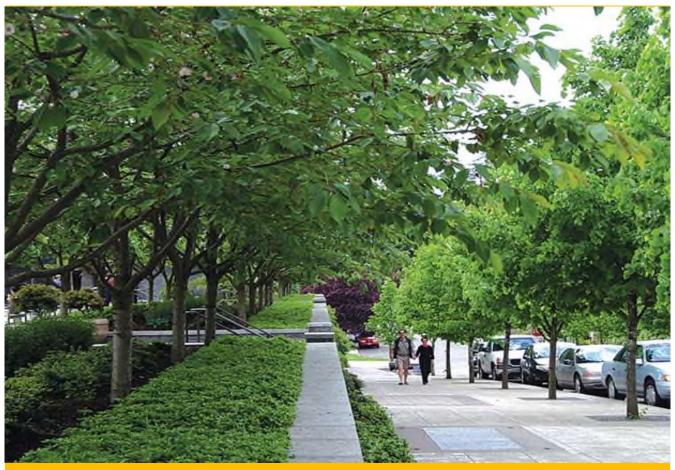
Nine in ten (91%) say when they need to get around for things like shopping, visiting the doctor, or running errands they drive themselves.



West Sacramento residents say they would mostly turn to family, friends, or neighbors for information on services for older adults.

Almost nine in ten (87%) say they would turn to family, friends, or neighbors for information about services for older adults such as caregiving, home delivered meals, home repair, medical transport, or social activities. Seven in ten would search the internet (75%) or turn to local resources such as a senior center (79%), doctor (73%), or non-profit (60%). Half would turn to organizations such as AARP (53%) or the Area Agency on Aging (52%).



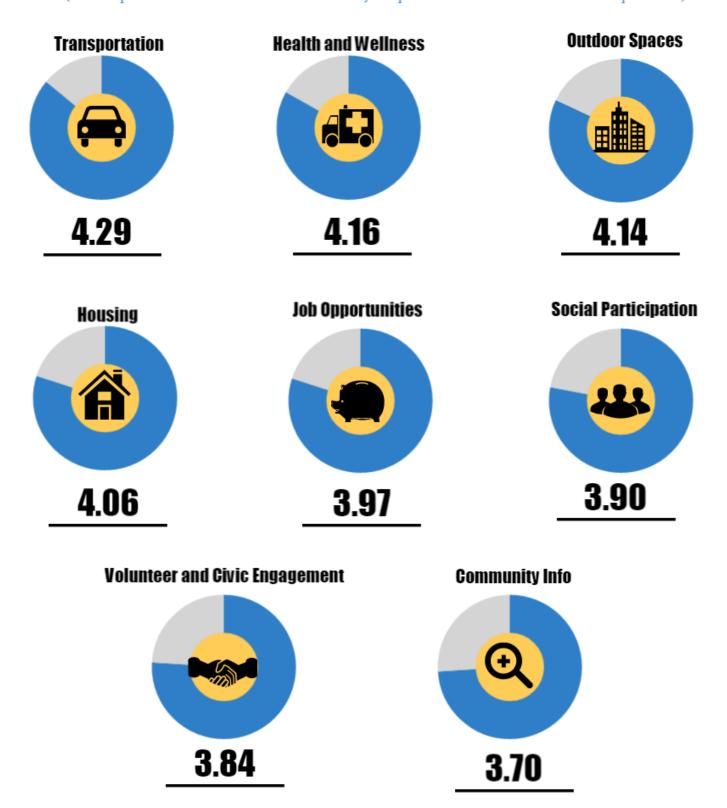


Community Features

The formula for what makes a community livable isn't particularly complex. For the most part, the features are fairly simple. In a livable community, people of all ages can go for a walk, safely cross the street, ride a bike, get around without a car, live comfortably, work or volunteer, enjoy public places, socialize, spend time outdoors, be entertained, go shopping, buy healthy food, find the services they need, and make their city, town, or neighborhood a lifelong home. A community that includes all of these livable community features can be great for people of all ages.

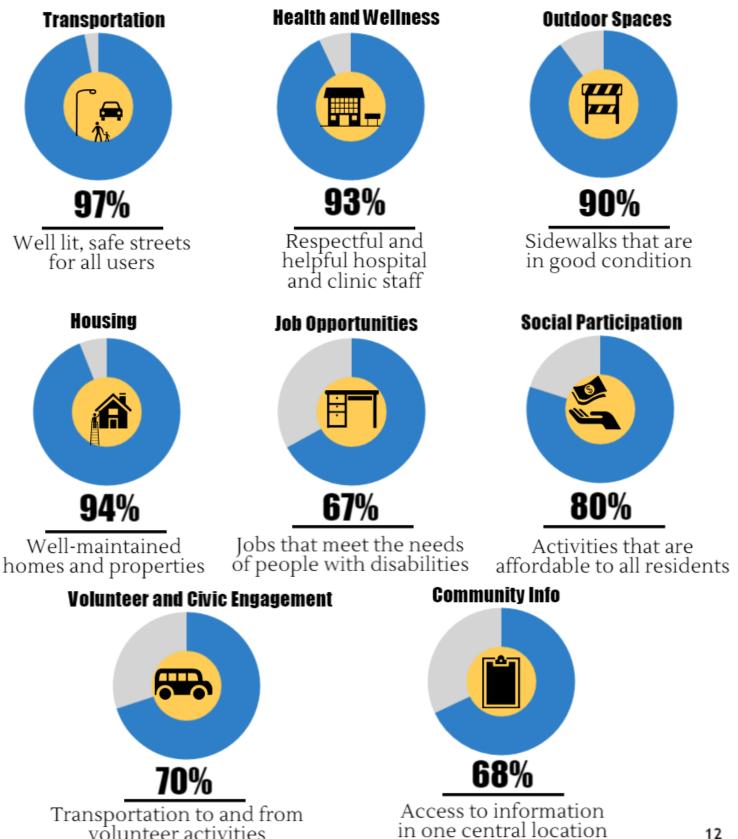
West Sacramento residents age 45-plus rated their community on 66 characteristics across eight domains (*Health and Wellness, Transportation, Housing, Outdoor Spaces, Social Participation, Volunteering and Civic Engagement, Community Information, and Job Opportunities*) in order to identify important and available community features. While all eight areas were considered at least somewhat important to respondents, factors that can directly affect an individual's quality of life and experience in their community topped the list of importance.

Summary of Average Community Feature/ Domain Average Importance Rating of each West Sacramento Community Feature/ Domain (on a 5 point scale where 5 = Extremely Important and 1= Not At All Important)



Summary of Important

Community Features Top Important Item within each West Sacramento Community Feature/ Domain (percent of respondents who rated the item as Extremely or Very Important)



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Top Extremely/Very Important Community Features



Top West Sacramento Important Community Items Across All 66 Features/8 Domains

(percent of respondents who rated the item as Extremely/Very Important)

Top Overall Community Items	Importance	Feature/ Domain
Well-lit, safe streets and intersections	97%	Transportation
Well-maintained homes and properties	94%	Housing
Respectful and helpful hospital and clinic staff	93%	Health and Wellness
Well-maintained hospitals and health care facilities	93%	Health and Wellness
Safe public transportation stops or areas	92%	Transportation
Well-maintained public transportation vehicles	91%	Transportation
Reliable public transportation	91%	Transportation
Well-maintained streets	91%	Transportation
Sidewalks that are in good condition, safe for pedestrian use, and accessible for wheelchairs or other assistive devices	90%	Outdoor Spaces and Buildings
Well-maintained public buildings	90%	Outdoor Spaces and Buildings
A variety of health care professionals	90%	Health and Wellness



Community Needs

Every community has its own culture, social structure, traditions, history, and needs. A community needs assessment is a tool to understand and identify community needs defined as the gap between what is and what should be. In order to identify the needs of West Sacramento residents age 45-plus, survey respondents were asked how important community features and services were to them. Then they were asked if these features and services existed in their community. These questions were then paired together to identify community needs or "gaps" between the importance of a feature or service and its existence in the community.

To compare these questions, respondents who said a feature or service is extremely, very, or somewhat important were aggregated and then compared to respondents who said whether or not the feature or service existed in their community. Survey respondents who said they were not sure if a feature or service was in their community were removed from the analysis.

Summary of Community Needs Gap by Feature/Domain Top Community Needs Gap Item within each West Sacramento Feature/Domain (needs gap = % Extremely/Very/Somewhat Important - % Present) **Health and Wellness** Transportation Outdoor Spaces 71% 61% 74% Affordable home health Well-maintained Driver education public restrooms care providers courses Housing Job Opportunities **Social Participation** 73% 76% 74% A repair service for low-income and older adults Job training opportunities for older adults Local schools that involve older adults in events **Community Info** Volunteer and Civic Engagement 70% Clearly printed Transportation to and

from volunteer activities

ties community information 2016 AARP Age Friendly Community Survey of West Sacramento, CA

Top Community Needs Gaps



Top West Sacramento Community Needs Gap Item Across All 66 Features/ 8 Domains

(needs gap = % Extremely/Very/Somewhat Important - % Present)

Top Overall Gaps	Gap	Feature/ Domain
Transportation to and from volunteer activities	83%	Volunteer/ Civic Engagement
Volunteer training opportunities	76%	Volunteer/ Civic Engagement
Job training opportunities for older adults	76%	Job Opportunities
Affordable home health care	74%	Health and Wellness
Local schools that involve older adults in events and activities	74%	Social Participation
Home repair services for low-income and older adults	73%	Housing
Conveniently located emergency care centers	73%	Health and Wellness
Easy to find information about local volunteer opportunities	71%	Volunteer/Civic Engagement
Jobs that are adapted to meet the needs of people with disabilities	71%	Job Opportunities
A range of flexible job opportunities for older adults	71%	Job Opportunities



Outdoor Spaces and Buildings

Features	% Important	% Present
Sidewalks that are in good condition	99%	66%
Well-maintained public buildings that are accessible to people of different physical abilities	98%	64%
Well-maintained public restrooms that are accessible to people of different physical abilities	97%	35%
Neighborhood watch programs	96%	37%
Separate pathways for bicyclists and pedestrians	95%	56%
Well-maintained and safe public parks	91%	71%
Public parks with enough benches	91%	47%



The largest unmet need in outdoor spaces and buildings is Well-maintained public restrooms that are accessible to people of different physical abilities



97% say it is important to have well-maintained public restrooms that are accessible to people of different physical abilities. Only 35% say this is present in their community; resulting in a gap of 52%.

(needs gap = % Extremely/Very/Somewhat Important - % Present) 2016 AARP Age Friendly Community Survey of West Sacramento, CA



Housing Features

Features	% Important	% Present
Well-maintained homes and properties	98%	80%
Home repair contractors who are trustworthy and affordable	95%	39%
Well-maintained and safe low- income housing	83%	31%
Homes that are equipped with things like a no step entrance, wider doorways, etc.	89%	31%
Seasonal services such as lawn work	88%	37%
Affordable home prices for residents of varying income levels	s 86%	36 %
Home repair service for low- income and older adults that help with repairs	86%	13%



86% say it is important to have a home repair service for low-income and older adults that helps with things like roof or window repair. Only 13% say this is present in their community; resulting in a gap of 73%.

(needs gap = % Extremely/Very/Somewhat Important - % Present)



Transportation and Streets

Features	% Important	% Present
Well-lit, safe streets and intersections for all users	99%	60%
Well-maintained streets	99%	72%
Easy to read traffic signs	98%	83%
Safe public transportation stops or areas	97%	50%
Special transportation services for seniors or people with disabilities	97%	54%
Well-maintained public transportation vehicles	96%	51%
Accessible and convenient public transportation	96%	58%
Affordable public transportation	96%	59%
Reliable public transportation	95%	49%



Transportation and Streets, cont.

Features	% Important	% Present
Audio/visual pedestrian crossings	94%	48%
Affordable public parking	94%	55%
Enforced speed limits	93%	66%
Public parking lots and areas to park	92%	64%
Driver education/refresher course	88%	17%

The largest unmet need in transportation features is

71%





88% say it is important to have driver education/refresher courses. Only 17% say this is present in their community; resulting in a gap of 71%.

(needs gap = % Extremely/Very/Somewhat Important - % Present)



Job Opportunities

Features	% Important	% Present
Job training opportunities fo older adults	or 84%	8%
Jobs that are adapted to mee needs of people with disabili	t the 86% ties	15%
A range of flexible job opportunities for older adul	ts 83%	12%



84% say it is important to have job training opportunities for older adults who want to learn new job skills within their job or get training in a different field of work. Only 8% say this is present in their community; resulting in a gap of 76%.

(needs gap = % Extremely/Very/Somewhat Important - % Present)



Community Information

Features	% Important	% Present
Access to information in one central location	91%	25%
Free access to computers and the internet in public places	89%	52%
Clearly displayed printed community information with large lettering	88%	18%
An automated community information source	75%	10%
Information delivered in person to people who have difficulty leaving their home	81%	11%
Information that is available in different languages	74%	26%

The largest unmet need in communication and information is

70%

Clearly displayed printed community information with large lettering



88% say it is important to have clearly displayed printed community information with large lettering. Only 18% say this is present in their community; resulting in a gap of 70%. (needs gap = % Extremely/Very/Somewhat Important - % Present)



Volunteering and Civic Engagement

Features	% Important	% Present
Easy to find information on available local volunteer opportunities	91%	20%
Transportation to and from volunteer activities for those who need it	90%	8%
A range of volunteer activities to choose from	89%	30%
Opportunities for older adults to participate in decision making roles	89%	26%
Volunteer training opportunities to help better perform volunteer role	87%	11%



The largest unmet need in volunteering and civic engagement is

Transportation to and from volunteer activities



90% say it is important to provide transportation to and from volunteer activities for those who need it. Only 8% say this is present in their community; resulting in a gap of 82%.

(needs gap = % Extremely/Very/Somewhat Important - % Present)



Social Participation, Inclusion, and Education Opportunities

Features	% Important	% Present
Activities that offer senior discounts	88%	36%
Activities that are affordable to all residents	91%	33%
Widely publicized reliable information about activities	92%	25%
Activities that involve both younger and older people	92%	32%
A variety of cultural activities for diverse populations	88%	32%
Activities specifically geared towards older adults	90%	33%
Continuing education classes	86%	38%
Social clubs such as book, gardening, craft or hobby	89%	27%
Local schools that involve older adults in events and activities	89%	15%
Conveniently located venues for entertainment	88%	36%

The largest unmet need in social participation, inclusion, and education opportunities is



Local schools that involve older adults in events and activities 74%

89% say it is important that local schools involve older adults in events and activities. Only 15% say this is present in their community; resulting in a gap of 74%. (needs gap = % Extremely/Very/Somewhat Important - % Present)



Health and Wellness

Features	% Important	% Present
Respectful and helpful hospital and clinic staff	97%	35%
A variety of health care professionals	97%	35%
Conveniently located emergency care centers	97%	24%
Well-maintained hospitals and health care facilities	96%	34%
A service that helps seniors find and access health services	95%	27%
Conveniently located health and social services	95%	45%
Affordable home health care	94%	20%
Well-trained certified home health care providers	94%	24%
Easy to find information on local health and supportive services	94%	26%



Health and Wellness, cont.

Features	% Important	% Present
Fitness activities specifically geared towards older adults	93%	46%
Home care services including health, personal care, and housekeeping	93%	31%
Easily understandable and helpful hospital answering services	91%	31%
Health and wellness programs and classes	88%	34%
Health care professionals who speak different languages	76%	40%

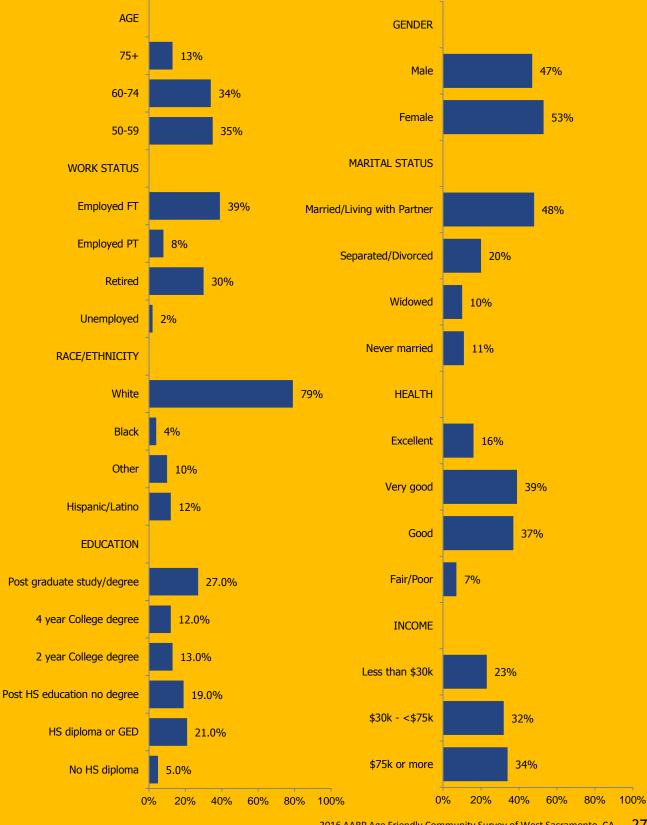
The largest unmet need in health services is

affordable home health care 74%

94% say it is important to have affordable home health care providers. Only 20% say this is present in their community; resulting in a gap of 74%.

(needs gap = % Extremely/Very/Somewhat Important - % Present)

Demographics n= 400



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AARP[®] Real Possibilities

AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million, that helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse. We advocate for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name as well as help our members obtain discounts on a wide range of products, travel, and services. A trusted source for lifestyle tips, news and educational information, AARP produces AARP The Magazine, the world's largest circulation magazine; AARP Bulletin; www.aarp.org; AARP TV Et Radio; AARP Books; and AARP en Espanol, a Spanishlanguage website addressing the interests and needs of Hispanics. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at www.aarp.org.

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Photos courtesy of iStock/GettyImages

An annotated questionnaire for the entire sample is available upon request to Brittne Nelson, AARP Research <u>bnelson@aarp.org</u>, or Christina Clem, AARP California <u>cclem@aarp.org</u>.

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45+ General Population (n=400)

Sampling Error = +/- 4.9%

Excellent Very good	17.4%
very good	
	46.1%
Good	25.8%
Fair	7.5%
Poor	2.1%
No response	1.2%
Q2. What is the name of your community?	<u>Total</u>
Arlington Oaks	0.2%
Bellaire	0.1%
Bethany	2.2%
Brederick	0.3%
Bridgeway Island	7.2%
Bridgeway Lakes	2.3%
Bridgeway	0.5%
Broderick	2.4%
Bute	0.4%
Casa Molelo Home	0.3%
City of West Sacramento/West Sacramento	22.7%
Cresleigh Park	0.1%
Delta Gardents	0.1%
El Rancho	0.1%
Elk Horn Village	0.3%
Eskaton Senior Community	0.4%
Eskaton Wilson Manor	0.1%
Light house	0.5%
Linden Acres	0.2%
Margret McDowel Manor	0.3%
Meadow Dale	0.1%
Park West	0.1%
River Crest	0.2%
Rivers	0.1%
San Francisco	0.4%
Shasta Duplexes	0.2%
Southport	21.8%
Southwest	0.4%
State Streets	1.7%
Stone Meadow	0.1%
The Rivers	0.7%
Touchstone	0.1%
Two Rivers	0.5%
Valhalla Mobile Home Club/Park	1.6%
West Sacramento	18.0%

West South CA	0	,	0.1%
Westfield Village			1.2%
Westmore Oaks			0.1%
Yolo County			1.9%
Other			2.9%
None/Nothing/Don't Know			0.2%
No Response			6.9%

Q3. What is your 5-digit ZIP code?

Q3. What is your 5-digit ZIP code?	<u>Total</u>
19143	0.4%
77401	0.1%
94108	0.4%
95169	0.1%
95605	15.9%
95641	0.1%
95651	0.6%
95691	79.4%
95861	0.2%
96123	0.1%
96505	0.1%
97079	0.1%
97229	2.2%
98691	0.1%
No Response	0.1%

Q4. How long have you lived in this community?	<u>Total</u>
Less than 5 years	7.9%
5 years but less than 15 years	39.8%
15 years but less than 25 years	21.0%
25 years but less than 35 years	7.9%
35 years but less than 45 years	4.2%
45 years or more	18.6%
No Response	0.7%

Q5. How long have you lived in your county?	<u>Total</u>
Less than 5 years	6.9%
5 years but less than 15 years	27.8%
15 years but less than 25 years	23.0%
25 years but less than 35 years	11.3%
35 years but less than 45 years	5.4%
45 years or more	25.6%
No Response	-

Q6. Some people reside in places outside of their state for part of the year. Which of the following	
describes how you reside in your state?	<u>Total</u>
Year round, do not reside anywhere outside of my state	97.6%
Seasonally, reside outside of my state during Winter, Spring, Summer, or Fall on a regular basis	2.3%
No Response	0.1%

Q7. Thinking about your retirement years when you do not work at all for pay, how likely is it that you will move to a different home in your community?	<u>Total</u>
Extremely likely	3.4%
Very likely	6.0%
Somewhat likely	26.8%
Not very likely	23.7%
Not at all likely	34.4%
Not sure	4.4%
No response	1.3%

Q8. Thinking about your retirement years when you do not work at all for pay, how likely is it that you will move to a different home outside of your community?	<u>Total</u>
Extremely likely	6.2%
Very likely	16.7%
Somewhat likely	15.9%
Not very likely	26.4%
Not at all likely	27.3%
Not sure	6.0%
No response	1.4%

Q9. If you were to consider moving out of your community during your retirement when you do not work at all, would the following factors impact your decision to move?

A. Looking for a different home size that meets your needs	<u>Total</u>
Yes	50.6%
No	30.1%
Not sure	7.9%
No response	11.4%

B. Maintaining your current home will be too expensive	<u>Total</u>
Yes	32.8%
No	44.4%
Not sure	9.9%
No response	12.9%

C. Fearing for your personal safety or security concerns	<u>Total</u>
Yes	16.8%
No	65.4%
Not sure	7.0%
No response	10.8%

D. Looking for a home that will help you live independently as you age	<u>Total</u>
Yes	49.2%
No	32.2%
Not sure	6.9%
No response	11.8%

E. Wanting to move to an area that has better health care facilities	<u>Total</u>
Yes	21.9%
No	52.7%
Not sure	13.2%
No response	12.2%
F. Wanting to be closer to family	<u>Total</u>
Yes	39.5%
No	35.2%
Not sure	14.2%
No response	11.1%
G. Needing more access to public transportation	<u>Total</u>
Yes	30.3%
No	53.5%
Not sure	4.9%
No response	11.3%
H. Wanting to live in a different climate	<u>Total</u>
Yes	19.8%
No	59.3%
Not sure	9.3%
No response	11.6%
I. Looking for an area that has a lower cost of living	<u>Total</u>
Yes	41.2%
No	34.6%
Not sure	8.6%
No response	15.6%
J. Other	<u>Total</u>
Yes	9.5%
No	0.7%
Not sure	0.1%
No response	89.7%
Q10. How important is it for you to remain in your community as you age?	<u>Total</u>
Extremely important	15.5%
Very important	26.8%
Somewhat important	31.4%
Not very important	19.0%
Not at all important	6.4%
No response	1.0%

Q11. Do you own or rent your primary home or do you have some other type of living arrangement like	
living with a family member or friend?	<u>Total</u>
Own	77.5%
Rent	19.6%
Other type of living arrangement	1.5%
No Response	1.4%

Q12. What type of home is your primary home?	<u>Total</u>
Single family home	80.8%
Mobile home	5.0%
Town home or duplex	7.2%
Apartment	4.2%
Condominium or coop	1.2%
Other	0.5%
No Response	1.1%

Q13. How important is it for you to be able to live independently in your own home as you age?	<u>Total</u>
Extremely important	57.8%
Very important	33.4%
Somewhat important	5.4%
Not very important	0.1%
Not at all important	2.2%
No response	1.0%

Q14. Do you think you will need to make the following types of modifications or improvements to your home to enable you to stay there as you age?

A. Easier access into or within your home such as a ramp, chairlift or elevator, or wider doorways	<u>Total</u>
Yes	26.1%
No	46.8%
Not sure	23.3%
No response	3.8%

B. Bathroom modifications such as grab bars, handrails, higher toilet or non-slip tile	<u>Total</u>
Yes	45.9%
No	32.2%
Not sure	17.2%
No response	4.8%

C. Putting a bedroom, bathroom and kitchen on the first floor	<u>Total</u>
Yes	14.8%
No	61.8%
Not sure	13.6%
No response	9.8%

D. Improving lighting	<u>Total</u>
Yes	23.9%
No	51.9%
Not sure	14.7%
No response	9.5%

E. Installing a medical emergency response system that notifies others in case of emergency	Total
Yes	26.7%
No	36.5%
Not sure	23.9%
No response	12.9%
F. Other	<u>Total</u>
Yes	6.6%
No	0.7%
Not sure	-
No response	92.7%

Q15. How important do you think it is to have the following in your community?

A. Home repair contractors who are trustworthy, do quality work and are affordable	<u>Total</u>
Extremely important	46.9%
Very important	41.7%
Somewhat important	5.9%
Not very important	2.9%
Not at all important	1.6%
No response	0.9%

B. Well-maintained homes and properties	<u>Total</u>
Extremely important	50.3%
Very important	43.2%
Somewhat important	4.3%
Not very important	0.9%
Not at all important	0.6%
No response	0.7%

C. A home repair service for low-income and older adults that helps with things like roof or window

repairs	<u>Total</u>
Extremely important	35.0%
Very important	30.1%
Somewhat important	20.9%
Not very important	9.0%
Not at all important	1.6%
No response	3.5%

D. Seasonal services such as lawn work or snow removal for low-income and older adults	<u>Total</u>
Extremely important	32.3%
Very important	36.6%
Somewhat important	19.1%
Not very important	7.9%
Not at all important	2.2%
No response	1.8%

E. Affordable housing options for adults of varying income levels such as older active adult	
communities, assisted living and communities with shared facilities and outdoor spaces.	<u>Total</u>
Extremely important	40.2%
Very important	24.5%
Somewhat important	21.7%
Not very important	10.2%
Not at all important	2.5%
No response	0.9%

F. Homes that are equipped with things like a no step entrance, wider doorways, grab bars in bathrooms, and first floor bedrooms and bathrooms	<u>Total</u>
Extremely important	31.5%
Very important	34.5%
Somewhat important	22.6%
Not very important	8.2%
Not at all important	2.4%
No response	0.9%

G. Well-maintained and safe low-income housing	Total
Extremely important	44.8%
Very important	25.0%
Somewhat important	12.8%
Not very important	12.2%
Not at all important	3.7%
No response	1.4%

Q16. Does the community where you live have the following?

A. Home repair contractors who are trustworthy, do quality work and are affordable	<u>Total</u>
Yes	38.7%
No	10.8%
Not sure	50.0%
No response	0.5%

B. Well-maintained homes and properties	<u>Total</u>
Yes	80.4%
No	9.7%
Not sure	9.3%
No response	0.6%

C. A home repair service for low-income and older adults that helps with things like roof or window

repairs	Total
Yes	13.1%
No	14.6%
Not sure	71.3%
No response	1.0%

D. Seasonal services such as lawn work or snow removal for low-income and older adults	Total
Yes	36.9%
No	15.4%
Not sure	46.9%
No response	0.8%
E. Affordable home options for adults of varying income levels such as older active adult	
communities, assisted living and communities with shared facilities and outdoor spaces	<u>Total</u>
Yes	36.4%
No	18.2%
Not sure	45.2%
No response	0.2%
F. Homes that are equipped with things like a no step entrance, wider doorways, grab bars in	Total
bathrooms, and first floor bedrooms and bathrooms Yes	30.8%
No	13.5%
Not sure	54.5%
No response	1.2%
G. Well-maintained and safe low-income housing	Total
Yes	30.8%
No	18.1%
Not sure	50.4%
No response	0.6%
Q17. How important do you think it is to have the following in your community?	
A. Well-maintained and safe parks that are within walking distance of your home	Total
Extremely important	36.9%
Very important	31.7%
Somewhat important	22.3%
Not very important	3.1%
Not at all important	5.3%
No response	0.8%
B. Public parks with enough benches	Total
Extremely important	31.9%
Very important	34.6%
Somewhat important	24.4%
Not very important	5.4%
Not at all important	2.7%
not at all important	

C. Sidewalks that are in good condition, free from obstruction and are safe for pedestrian use and accessible for wheelchairs or other assistive mobility devices	<u>Total</u>
Extremely important	51.7%
Very important	38.6%
Somewhat important	8.4%
Not very important	0.5%
Not at all important	0.4%
No response	0.3%

D. Well-maintained public buildings and facilities that are accessible to people of different physical

abilities	 Total
Extremely important	48.6%
Very important	41.7%
Somewhat important	7.6%
Not very important	1.5%
Not at all important	0.5%
No response	0.1%

E. Separate pathways for bicyclists and pedestrians	<u>Total</u>
Extremely important	42.3%
Very important	34.0%
Somewhat important	18.3%
Not very important	4.0%
Not at all important	0.9%
No response	0.5%

F. Well-maintained public restrooms that are accessible to people of different physical abilities	<u>Total</u>
Extremely important	42.4%
Very important	39.3%
Somewhat important	14.9%
Not very important	2.4%
Not at all important	0.6%
No response	0.4%

G. Neighborhood watch programs	<u>Total</u>
Extremely important	33.1%
Very important	46.7%
Somewhat important	15.8%
Not very important	3.6%
Not at all important	0.5%
No response	0.3%

Q18. Does the community where you live have the following?

A. Well-maintained and safe parks that are within walking distance of your home	<u>Total</u>
Yes	71.3%
No	23.8%
Not sure	4.5%
No response	0.4%

B. Public parks with enough benches	<u>Total</u>
Yes	47.0%
No	37.3%
Not sure	15.2%
No response	0.5%

C. Sidewalks that are in good condition, free from obstruction and are safe for pedestrian use and accessible for wheelchairs or other assistive mobility devices	<u>Total</u>
Yes	65.9%
No	23.2%
Not sure	10.7%
No response	0.3%

D. Well-maintained public buildings and facilities that are accessible to people of different physical

abilities	Total
Yes	63.6%
No	13.6%
Not sure	22.4%
No response	0.4%

E. Separate pathways for bicyclists and pedestrians	<u>Total</u>
Yes	55.6%
No	27.1%
Not sure	15.9%
No response	1.4%

F. Well-maintained public restrooms that are accessible to people of different physical abilities	<u>Total</u>
Yes	35.4%
No	32.7%
Not sure	31.4%
No response	0.4%

G. Neighborhood watch programs	<u>Total</u>
Yes	36.5%
No	25.5%
Not sure	37.2%
No response	0.7%

Q19. Do you get around for things like shopping, visiting the doctor, running errands, or going to other places in the following ways?

A. Drive yourself	<u>Total</u>
Yes	91.3%
No	8.1%
No response	0.6%

B. Have others drive you	Total
Yes	24.6%
No	70.7%
No response	4.7%

C. Walk	<u>Total</u>
Yes	44.6%
No	49.5%
No response	5.9%
D. Ride a bike	<u>Total</u>

Yes	32.6%
No	61.4%
No response	6.0%

E. Use public transportation	<u>Total</u>
Yes	12.0%
No	82.6%
No response	5.4%

F. Take a taxi/cab	<u>Total</u>
Yes	10.2%
No	83.9%
No response	5.9%

G. Use a special transportation service, such as one for seniors or persons with disabilities	<u>Total</u>
Yes	4.2%
No	81.3%
No response	14.5%

H. Other	Total
Yes	2.0%
No	2.3%
No response	95.6%

Q20. How important do you think it is to have the following in your community?

A. Accessible and convenient public transportation	<u>Total</u>
Extremely important	46.1%
Very important	42.5%
Somewhat important	7.6%
Not very important	2.3%
Not at all important	1.4%
No response	0.2%

B. Affordable public transportation	<u>Total</u>
Extremely important	49.3%
Very important	36.7%
Somewhat important	9.8%
Not very important	3.0%
Not at all important	0.6%
No response	0.5%

C. Well-maintained public transportation vehicles	<u>Total</u>
Extremely important	51.2%
Very important	39.8%
Somewhat important	5.4%
Not very important	1.7%
Not at all important	1.4%
No response	0.6%

D. Reliable public transportation	<u>Total</u>
Extremely important	52.3%
Very important	38.6%
Somewhat important	4.1%
Not very important	2.3%
Not at all important	1.4%
No response	1.4%

E. Safe public transportation stops or areas	<u>Total</u>
Extremely important	57.5%
Very important	34.4%
Somewhat important	4.8%
Not very important	1.6%
Not at all important	0.9%
No response	0.8%

F. Special transportation services for people with disabilities and older adults	<u>Total</u>
Extremely important	56.3%
Very important	31.2%
Somewhat important	9.4%
Not very important	1.7%
Not at all important	0.5%
No response	0.8%

G. Well-maintained streets	<u>Total</u>
Extremely important	51.7%
Very important	38.9%
Somewhat important	7.9%
Not very important	0.3%
Not at all important	0.5%
No response	0.7%

H. Easy to read traffic signs	<u>Total</u>
Extremely important	54.2%
Very important	32.6%
Somewhat important	11.5%
Not very important	0.5%
Not at all important	0.5%
No response	0.8%

I. Enforced speed limits	Total
Extremely important	49.3%
Very important	35.5%
Somewhat important	8.2%
Not very important	5.2%
Not at all important	0.5%
No response	1.3%

J. Public parking lots, spaces and areas to park	<u>Total</u>
Extremely important	43.9%
Very important	37.2%
Somewhat important	10.5%
Not very important	7.0%
Not at all important	0.5%
No response	0.8%

K. Affordable public parking	Total
Extremely important	40.9%
Very important	31.2%
Somewhat important	22.0%
Not very important	3.2%
Not at all important	1.2%
No response	1.5%

L. Well-lit, safe streets and intersections for all users (pedestrians, bicyclists, drivers)	<u>Total</u>
Extremely important	60.8%
Very important	36.2%
Somewhat important	1.8%
Not very important	0.5%
Not at all important	0.5%
No response	0.2%

M. Audio/visual pedestrian crossings	<u>Total</u>
Extremely important	40.0%
Very important	37.1%
Somewhat important	17.2%
Not very important	3.9%
Not at all important	1.3%
No response	0.4%

N. Driver education/refresher courses	<u>Total</u>
Extremely important	25.7%
Very important	31.0%
Somewhat important	31.5%
Not very important	8.0%
Not at all important	2.8%
No response	1.0%

Q21. Does the community where you live have the following?	
A. Accessible and convenient public transportation	<u>Total</u>
Yes	58.0%
No	25.1%
Not sure	15.7%
No response	1.2%
B. Affordable public transportation	<u>Total</u>

Yes	58.5%
No	10.3%
Not sure	30.4%
No response	0.8%

C. Well-maintained public transportation vehicles	<u>Total</u>
Yes	51.4%
No	11.8%
Not sure	33.8%
No response	3.0%

D. Reliable public transportation	Total
Yes	48.9%
No	19.6%
Not sure	29.0%
No response	2.5%

E. Safe public transportation stops or areas	<u>Total</u>
Yes	50.3%
No	13.7%
Not sure	33.2%
No response	2.8%

F. Special transportation services for people with disabilities and older adults	<u>Total</u>
Yes	53.9%
No	4.0%
Not sure	41.2%
No response	1.0%

G. Well-maintained streets	<u>Total</u>
Yes	71.9%
No	21.9%
Not sure	5.0%
No response	1.2%

H. Easy to read traffic signs	<u>Total</u>
Yes	82.9%
No	6.6%
Not sure	9.5%
No response	1.0%

i. Enforced speed limits Total Yes 65.7% No 21.1% No taure 12.4% No response 0.7% J. Public parking lots, spaces and areas to park Total Yes 64.2% No 64.2% No 19.7% Not sure 19.7% Not sure 19.7% Not sure 19.7% No response 1.1% K. Affordable public parking Total Yes 56.1% No 17.8% Not sure 24.2% No targenose 3.0% L. Well-lit, safe streets and intersections for all users (pedestrians, bicyclists, drivers) Total Yes 50.6% 50.6% No targenose 25.7% Not sure 22.4% No targenose 21.4% No targenose 21.4% No targenose 21.4% No targenose 21.4% No targenose 22.4% Notsure	2016 West Sacramento Age Friendly Community Survey	
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No22.4%Not sure28.6%No response1.3%N. Driver education/refresher coursesTotalYes17.1%No20.6%Not sure20.6%Not sure61.5%No response0.7%Q22. In general, when compared to most people your age, how would you rate your health?TotalExcellent16.0%Very good39.0%Good36.8%Fair5.5%Poor1.5%	M. Audio/visual pedestrian crossings	<u>Total</u>
Not sure28.6%No response1.3%N. Driver education/refresher coursesTotalYes17.1%No20.6%Not sure20.6%Not sure61.5%No response0.7%Q22. In general, when compared to most people your age, how would you rate your health?TotalExcellent16.0%Very good39.0%Good36.8%Fair5.5%Poor1.5%	Yes	47.6%
No response1.3%N. Driver education/refresher coursesTotalYes17.1%No20.6%Not sure61.5%No response0.7%Q22. In general, when compared to most people your age, how would you rate your health?TotalExcellent16.0%Very good39.0%Good36.8%Fair5.5%Poor1.5%	No	22.4%
N. Driver education/refresher coursesTotalYes17.1%No20.6%Not sure61.5%No response0.7%CursponseCursponseCursponseCursponseCursponseCursponseCursponseSuperal, when compared to most people your age, how would you rate your health?TotalExcellent16.0%Very good39.0%Good36.8%Fair5.5%Poor1.5%	Not sure	28.6%
Yes 17.1% No 20.6% Not sure 61.5% No response 0.7% Q22. In general, when compared to most people your age, how would you rate your health? Total Excellent 16.0% Very good 39.0% Good 36.8% Fair 5.5% Poor 1.5%	No response	1.3%
Yes 17.1% No 20.6% Not sure 61.5% No response 0.7% Q22. In general, when compared to most people your age, how would you rate your health? Total 16.0% Very good 39.0% Good 36.8% Fair 5.5% Poor 1.5%	N. Driver education/refresher courses	Total
Not sure61.5%No response0.7%Q22. In general, when compared to most people your age, how would you rate your health?TotalExcellent16.0%Very good39.0%Good36.8%Fair5.5%Poor1.5%	Yes	
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Q22. In general, when compared to most people your age, how would you rate your health?TotalExcellent16.0%Very good39.0%Good36.8%Fair5.5%Poor1.5%	Not sure	61.5%
Excellent 16.0% Very good 39.0% Good 36.8% Fair 5.5% Poor 1.5%	No response	0.7%
Excellent 16.0% Very good 39.0% Good 36.8% Fair 5.5% Poor 1.5%	Q22. In general, when compared to most people your age, how would you rate your health?	Total
Very good 39.0% Good 36.8% Fair 5.5% Poor 1.5%		
Good 36.8% Fair 5.5% Poor 1.5%		
Fair 5.5% Poor 1.5%		
Poor 1.5%		
	No Response	1.1%

Q23. How often do you engage in some form of physical exercise (such as walking, running, biking, swimming, sports, strength training, yoga, stretching)?	<u>Total</u>
Everyday	24.0%
Several times a week, but not everyday	52.6%
About once a week	11.6%
About once every other week	4.2%
About once a month	0.9%
Less than once a month	1.6%
Never	3.8%
No Response	1.2%

Q24. How important is it to you to remain physically active for as long as possible?	<u>Total</u>
Extremely important	74.6%
Very important	19.7%
Somewhat important	4.7%
Not very important	0.1%
Not at all important	0.3%
No response	0.7%

Q25. How important do you think it is to have the following in your community?

A. Health and wellness programs and classes in areas such as nutrition, smoking cessation, and	
weight control	<u>Total</u>
Extremely important	35.8%
Very important	33.8%
Somewhat important	18.2%
Not very important	8.6%
Not at all important	1.2%
No response	2.3%

B. Fitness activities specifically geared towards older adults	<u>Total</u>
Extremely important	41.3%
Very important	36.9%
Somewhat important	14.6%
Not very important	4.6%
Not at all important	1.1%
No response	1.4%

C. Conveniently located health and social services	<u>Total</u>
Extremely important	42.9%
Very important	37.8%
Somewhat important	14.1%
Not very important	3.0%
Not at all important	0.4%
No response	1.9%

2016 West Sacramento Age Friendly Community Survey D. A service that helps seniors find and access health and supportive services	Total
Extremely important	<u>10tar</u> 37.1%
Very important	45.6%
Somewhat important	12.0%
Not very important	3.0%
Not at all important	0.5%
No response	1.7%
E. Conveniently located emergency care centers	Total
Extremely important	43.6%
Very important	43.3%
Somewhat important	9.8%
Not very important	1.2%
Not at all important	0.4%
No response	1.7%
F. Easy to find information on local health and supportive services	Total
Extremely important	37.2%
Very important	36.4%
Somewhat important	20.7%
Not very important	3.5%
Not at all important	0.4%
No response	1.8%
G. Home care services including health, personal care and housekeeping	<u>Total</u>
Extremely important	34.1%
Very important	39.9%
Somewhat important	19.3%
Not very important	3.1%
Not at all important	1.5%
No response H. Well-trained certified home health care providers	2.0% <u>Total</u>
No response H. Well-trained certified home health care providers Extremely important	2.0% <u>Total</u> 40.8%
No response H. Well-trained certified home health care providers Extremely important	2.0% <u>Total</u> 40.8%
No response H. Well-trained certified home health care providers Extremely important Very important Somewhat important	2.0% <u>Total</u> 40.8% 38.2% 14.5%
No response H. Well-trained certified home health care providers Extremely important Very important Somewhat important Not very important	2.0% <u>Total</u> 40.8% 38.2% 14.5%
No response H. Well-trained certified home health care providers Extremely important Very important Somewhat important Not very important	2.0% <u>Total</u> 40.8% 38.2% 14.5% 3.3%
No response H. Well-trained certified home health care providers Extremely important Very important Somewhat important Not very important Not at all important	2.0% <u>Total</u> 40.8% 38.2% 14.5% 3.3% 1.0%
No response H. Well-trained certified home health care providers Extremely important Very important Somewhat important Not very important Not at all important No response I. Affordable home health care providers	2.0% <u>Total</u> 40.8% 38.2% 14.5% 3.3% 1.0% 2.1% <u>Total</u>
No response H. Well-trained certified home health care providers Extremely important Very important Somewhat important Not very important Not at all important No response I. Affordable home health care providers Extremely important	2.0% <u>Total</u> 40.8% 38.2% 14.5% 3.3% 1.0% 2.1% <u>Total</u> 44.2%
No response H. Well-trained certified home health care providers Extremely important Very important Somewhat important Not very important Not at all important No response I. Affordable home health care providers Extremely important Very important Very important	2.0% <u>Total</u> 40.8% 38.2% 14.5% 3.3% 1.0% 2.1% <u>Total</u> 44.2% 36.0%
No response H. Well-trained certified home health care providers Extremely important Very important Somewhat important Not very important Not at all important No response I. Affordable home health care providers Extremely important Very important Very important	2.0% <u>Total</u> 40.8% 38.2% 14.5% 3.3% 1.0% 2.1% <u>Total</u> 44.2% 36.0%
No response H. Well-trained certified home health care providers Extremely important Very important Somewhat important Not very important Not at all important No response I. Affordable home health care providers Extremely important Very important Norespontet	2.0% Total 40.8% 38.2% 14.5% 3.3% 1.0% 2.1% Total 44.2% 36.0% 13.8%
Not at all important No response H. Well-trained certified home health care providers Extremely important Very important Somewhat important Not very important Not at all important No response I. Affordable home health care providers Extremely important Very important Very important Somewhat important Not very important Not very important Not very important	2.0% <u>Total</u>

2016 West Sacramento Age Friendly Community Survey	2016 West	Sacramento	Age Frier	ndly Commur	ity Survey
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2016 West Sacramento Age Friendly Community Survey	T - 4 - 1
J. Well-maintained hospitals and health care facilities	Total
Extremely important	53.2%
Very important	39.5%
Somewhat important	3.5%
Not very important	1.2%
Not at all important	0.4%
No response	2.2%
K. A variety of health care professionals including specialists	<u>Total</u>
Extremely important	47.9%
Very important	41.7%
Somewhat important	7.0%
Not very important	0.7%
Not at all important	0.4%
No response	2.3%
L. Health care professionals who speak different languages	Total
Extremely important	27.5%
Very important	29.5%
Somewhat important	19.1%
Not very important	12.5%
Not at all important	9.0%
No response	2.4%
M. Easily understandable and helpful local hospital or clinic answering services	<u>Total</u>
Extremely important	37.9%
Very important	37.5%
Somewhat important	15.5%
Not very important	4.6%
Not at all important	1.9%
No response	2.6%
N. Respectful and helpful hospital and clinic staff	<u>Total</u>
Extremely important	47.8%
Very important	45.0%
Somewhat important	3.8%
Not very important	0.7%
Not at all important	0.7%
No response	2.0%
Q26. Does the community where you live have the following?	
A. Health and wellness programs and classes in areas such as nutrition, smoking cessation, and weight control	<u>Total</u>
Yes	33.6%
No	9.4%
	0.770

55.6%

1.4%

Not sure

No response

2016 West Sacramento Age Friendl	y Community Survey
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2016 West Sacramento Age Friendly Community Survey	
B. Fitness activities specifically geared towards older adults	<u>Total</u>
Yes	46.0%
No	9.5%
Not sure	42.8%
No response	1.7%
C. Conveniently located health and social services	<u>Total</u>
Yes	44.6%
No	15.6%
Not sure	37.6%
No response	2.2%
D. A service that helps seniors find and access health and supportive services	<u>Total</u>
Yes	26.8%
No	14.9%
Not sure	56.0%
No response	2.3%
E. Conveniently located emergency care centers	<u>Total</u>
Yes	24.1%
No	35.6%
Not sure	38.2%
No response	2.1%
F. Easy to find information on local health and supportive services	<u>Total</u>
Yes	26.2%
No	17.2%
Not sure	55.1%
No response	1.4%
G. Home care services including health, personal care and housekeeping	<u>Total</u>
Yes	30.9%
No	10.1%
N L C L L L L L L L L L L L L L L L L L	56.9%
Not sure	
	2.2%
No response H. Well-trained certified home health care providers	2.2% <u>Total</u>
No response H. Well-trained certified home health care providers Yes	2.2% <u>Total</u> 24.0%
No response H. Well-trained certified home health care providers Yes No	2.2% <u>Total</u> 24.0% 10.8%
No response H. Well-trained certified home health care providers Yes No	2.2% <u>Total</u> 24.0%
No response H. Well-trained certified home health care providers Yes No Not sure	2.2% <u>Total</u> 24.0% 10.8%
No response H. Well-trained certified home health care providers Yes No Not sure No response I. Affordable home health care providers	2.2% <u>Total</u> 24.0% 10.8% 63.0% 2.2% <u>Total</u>
No response H. Well-trained certified home health care providers Yes No Not sure No response I. Affordable home health care providers	2.2% <u>Total</u> 24.0% 10.8% 63.0% 2.2%
No response H. Well-trained certified home health care providers Yes No Not sure No response I. Affordable home health care providers Yes No	2.2% <u>Total</u> 24.0% 10.8% 63.0% 2.2% <u>Total</u>
Not sure No response H. Well-trained certified home health care providers Yes No Not sure No response I. Affordable home health care providers Yes No	2.2% <u>Total</u> 24.0% 10.8% 63.0% 2.2% <u>Total</u> 20.1%

2016 West Sacramento Age Friendly Community Survey	
J. Well-maintained hospitals and health care facilities	<u>Total</u>
Yes	33.6%
No	34.3%
Not sure	31.0%
No response	1.1%
K. A variety of health care professionals including specialists	<u>Total</u>
Yes	34.9%
No	22.9%
Not sure	40.6%
No response	1.5%
L. Health care professionals who speak different languages	<u>Total</u>
Yes	39.7%
No	9.8%
Not sure	49.0%
No response	1.5%
M. Easily understandable and helpful local hospital or clinic answering services	<u>Total</u>
Yes	31.3%
No	19.7%
Not sure	47.3%
No response	1.8%
N. Respectful and helpful hospital and clinic staff	Total
Yes	34.5%
No	14.5%
Not sure	49.4%
No response	1.6%
Q27. About how frequently do you interact with your friends, family or neighbors in your community?	
This interaction could be by phone, in person, email, or social media like Facebook.	<u>Total</u>
More than once a day	25.6%
About once a day	18.8%

About once a day	18.8%
Several times a week	33.8%
Once a week	10.7%
Once every 2 or 3 weeks	2.5%
Once a month	2.2%
Less than monthly	3.7%
Never	1.9%
No Response	0.9%

Q28. Where do you typically go for continuing education or self-improvement classes/workshops in your community?	Total
University/Community College	19.6%
Department of Parks and Recreation	9.5%
Faith community	10.7%
Local organizations or businesses	8.4%
Community center	15.9%
Senior center	11.2%
Offerings through my work	16.5%
Online programs	17.3%
Other, please specify	4.7%
do NOT participate in any continuing education/self-improvement classes	44.9%
No Response	0.5%
Q29. How important do you think it is to have the following in your community?	
A. Conveniently located venues for entertainment	Total
Extremely important	26.4%
/ery important	34.4%
Somewhat important	27.4%
Not very important	5.6%
Not at all important	2.0%
No response	4.2%

B. Activities specifically geared towards older adults	Total
Extremely important	24.2%
Very important	45.1%
Somewhat important	20.6%
Not very important	5.2%
Not at all important	1.3%
No response	3.5%

C. Activities that offer senior discounts	<u>Total</u>
Extremely important	37.6%
Very important	35.4%
Somewhat important	14.6%
Not very important	7.6%
Not at all important	1.2%
No response	3.6%

D. Activities that are affordable to all residents	<u>Total</u>
Extremely important	35.6%
Very important	44.3%
Somewhat important	11.3%
Not very important	4.1%
Not at all important	0.6%
No response	4.1%

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2016 West Sacramonto	Ago Eriondly	v Community	V SURVOV
2016 West Sacramento	Agernenun		y Juivey

2016 West Sacramento Age Friendly Community Survey E. Activities that involve both younger and older people	Total
Extremely important	23.9%
Very important	49.0%
Somewhat important	18.9%
Not very important	3.9%
Not at all important	0.5%
No response	3.7%
F. Accurate and widely publicized information about social activities	<u>Total</u>
Extremely important	33.6%
Very important	43.3%
Somewhat important	15.1%
Not very important	3.6%
Not at all important	1.0%
No response	3.5%
G. A variety of cultural activities for diverse populations	Total
Extremely important	28.2%
Very important	37.8%
Somewhat important	21.9%
Not very important	6.0%
Not at all important	2.8%
H. Local schools that involve older adults in events and activities Extremely important	<u>Total</u> 18.4%
Very important	42.6%
Somewhat important	28.2%
Not very important	5.2%
Not at all important	2.1%
No response	3.5%
I. Continuing education classes	Total
Extremely important	21.4%
Very important	37.1%
Somewhat important	27.7%
Not very important	7.5%
Not at all important	2.9%
No response	3.4%
J. Social clubs such as book, gardening, craft or hobby	<u>Total</u>
Extremely important	27.0%
Very important	33.7%
Somewhat important	
Not very important	27.8%
Not at all important	27.8% 5.2% 2.2%
Not at all important No response	27.8% 5.2%

2016 West Sacramento Age Friendly Community Survey	
Q30. Does the community where you live have the following?	
A. Conveniently located venues for entertainment	<u>Total</u>
Yes	36.2%
No	38.3%
Not sure	22.9%
No response	2.6%
B. Activities specifically geared towards older adults	Total
Yes	32.6%
No	15.3%
Not sure	49.5%
No response	2.6%
C. Activities that offer senior discounts	<u>Total</u>
Yes	35.6%
No	13.7%
Not sure	47.9%
No response	2.8%
D. Activities that are affordable to all residents	Total
Yes	33.4%
No	14.7%
Not sure	49.0%
No response	3.0%
E. Activities that involve both younger and older people	Total
Yes	32.2%
No	10.4%
Not sure	54.6%
No response	2.8%
F. Accurate and widely publicized information about social activities	Total
Yes	24.6%
No	22.3%
Not sure	50.0%
No response	3.2%
G. A variety of cultural activities for diverse populations	Total
Yes	32.1%
No	11.4%
Not sure	52.9%
No response	3.7%
H. Local schools that involve older adults in events and activities	Total
Yes	15.4%
No	15.4%
No Not sure	15.4% 66.4%

I. Continuing education classes	<u>Total</u>
Yes	37.5%
No	9.6%
Not sure	47.6%
No response	5.3%

J. Social clubs such as book, gardening, craft or hobby	<u>Total</u>
Yes	27.4%
No	11.4%
Not sure	58.2%
No response	2.9%

Q31. How important do you think it is to have the following in your community?

A. A range of volunteer activities to choose from	<u>Total</u>
Extremely important	17.4%
Very important	50.1%
Somewhat important	21.5%
Not very important	5.5%
Not at all important	2.6%
No response	2.9%

B. Volunteer training opportunities to help people perform better in their volunteer roles	<u>Total</u>
Extremely important	17.3%
Very important	46.2%
Somewhat important	23.3%
Not very important	6.9%
Not at all important	2.9%
No response	3.4%

C. Opportunities for older adults to participate in decision making bodies such as community councils or committees	<u>Total</u>
Extremely important	25.2%
Very important	39.3%
Somewhat important	24.7%
Not very important	4.2%
Not at all important	1.3%
No response	5.2%
D. Easy to find information on available local volunteer expertunities	Total
D. Easy to find information on available local volunteer opportunities	<u>Total</u>
Extremely important	24.6%
Very important	43.7%

Somewhat important	22.4%
Not very important	4.5%
Not at all important	1.8%
No response	3.0%

E. Transportation to and from volunteer activities for those who need it Intervention 1999 Very important 1999 Very important 1999 Not very important 1999 Not very important 1998 Not stat all import 1998 Not stat all import 1998 Not stat all import 1	2016 West Sacramento Age Friendly Community Survey	
Very important 47 4% Somewhat important 19 9% Not very important 5.3% Not tail important 1.9% No response 2.6% C32. Does the community where you live have the following? Itail A range of volunteer activities to choose from Itail Yes 29.5% No 29.5% No 12.4% No response 2.6% B. Volunteer training opportunities to help people perform better in their volunteer roles Itail Yes 11.1% No 12.2% No tsure 2.6% B. Volunteer training opportunities to help people perform better in their volunteer roles Itail Yes 11.1% No 12.6% No tsure 73.5% No response 2.7% C. Opportunities for older adults to participate in decision making bodies such as community councils or committees Itail Yes 25.5% No 11.0% Not sure 60.4% No response 3.0% D. Easy to find information on available local volunteer opportunities Itail Yes 7.6% No 11.0% No 16.8% No response	E. Transportation to and from volunteer activities for those who need it	<u>Total</u>
Somewhat important 19.9% Not very important 5.3% Not at all important 1.9% Not response 2.6% Q32. Does the community where you live have the following? Total A arange of volunteer activities to choose from Total Yes 29.5% No 12.4% Not sure 55.4% No response 2.6% B. Volunteer training opportunities to help people perform better in their volunteer roles Total Yes 11.1% No tare 73.5% No response 2.7% C. Opportunities for older adults to participate in decision making bodies such as community councils or committees Total Yes 25.5% 3.0% No sure 60.4% No response 3.0% D. Easy to find information on available local volunteer opportunities Total Yes 19.5% No 18.6% No tsure 68.6% No response 3.3% E. Transportation to and from volunteer activities for those who need it Total Yes 7.6% No ts	Extremely important	22.9%
Not very important 5.3% Not at all important 1.9% No response 2.6% Q32. Does the community where you live have the following? 124% A A range of volunteer activities to choose from Total Yes 29.5% No 12.4% Not sure 55.4% No response 2.6% B. Volunteer training opportunities to help people perform better in their volunteer roles Total Yes 11.1% No 12.6% B. Volunteer training opportunities to help people perform better in their volunteer roles Total Yes 11.1% No 12.6% No response 2.7% C. Opportunities for older adults to participate in decision making bodies such as community councils or committees Total Yes 25.5% No 11.0% No response 25.5% No 11.0% No response 3.3% D. Easy to find information on available local volunteer opportunities Total Yes 7.6% No sure 7.6% No sure 7.6% No response 2.5% Qa3. Which of the following best describes your current employment status? 7.6% N	Very important	47.4%
Not at all important 1.9% No response 2.6% Q32. Does the community where you live have the following? Intellige A. A range of volunteer activities to choose from Intellige Yes 29.5% No 12.4% No response 2.6% B. Volunteer training opportunities to help people perform better in their volunteer roles Intellige Yes 11.1% No response 2.6% B. Volunteer training opportunities to help people perform better in their volunteer roles Intellige Yes 11.1% No response 2.7% C. Opportunities for older adults to participate in decision making bodies such as community Councils or committees Yes 25.5% No 11.0% No tsure 60.4% No response 3.0% D. Easy to find information on available local volunteer opportunities Intellige Yes 3.3% E. Transportation to and from volunteer activities for those who need it Total Yes 7.6% No response 2.5% No tsure 7.6% No tsure 7.6% No tsure 7.6% No tsure 7.6% No response 2.3% <td>Somewhat important</td> <td>19.9%</td>	Somewhat important	19.9%
No response 2.6% G32. Does the community where you live have the following? Image of volunteer activities to choose from Total Yes 29.5% No 12.4% No to sure 25.4% No response 2.6% B. Volunteer training opportunities to help people perform better in their volunteer roles Total Yes 11.1% No 12.6% B. Volunteer training opportunities to help people perform better in their volunteer roles Total Yes 11.1% No 12.6% No tsure 73.5% No response 2.7% C. Opportunities for older adults to participate in decision making bodies such as community councils or committees Total Yes 3.0% 11.0% No tsure 3.0% 3.0% D. Easy to find information on available local volunteer opportunities Total Yes 19.5% 3.0% No tsure 3.0% 19.5% No tsure 3.0% 19.5% No tsure 3.3% 19.5% No tsure 3.3% 19.5% No tsure 2.6% 3.3% No tsure	Not very important	5.3%
G32. Does the community where you live have the following? Interpretation in the construction of the	Not at all important	1.9%
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Employed, part-time [GO TO Question 34]8.0%Employed, full-time [GO TO Question 34]39.3%Unemployed, but looking for work [GO TO Question 34]2.1%Retired, not working at all [GO TO Question 35]30.1%Not in labor force for other reasons [GO TO Question 35]3.7%	Self-employed, part-time [GO TO Question 34]	3.8%
Employed, full-time [GO TO Question 34]39.3%Unemployed, but looking for work [GO TO Question 34]2.1%Retired, not working at all [GO TO Question 35]30.1%Not in labor force for other reasons [GO TO Question 35]3.7%	Self-employed, full-time [GO TO Question 34]	4.2%
Unemployed, but looking for work [GO TO Question 34]2.1%Retired, not working at all [GO TO Question 35]30.1%Not in labor force for other reasons [GO TO Question 35]3.7%	Employed, part-time [GO TO Question 34]	8.0%
Retired, not working at all [GO TO Question 35]30.1%Not in labor force for other reasons [GO TO Question 35]3.7%	Employed, full-time [GO TO Question 34]	39.3%
Not in labor force for other reasons [GO TO Question 35] 3.7%	Unemployed, but looking for work [GO TO Question 34]	2.1%
Not in labor force for other reasons [GO TO Question 35] 3.7%		30.1%
		3.7%
		8.8%

Q34. How likely is it that you will continue to work as long as possible, rather than choosing to retire and no longer work for pay? (n=265)	<u>Total</u>
Extremely likely	30.2%
Very likely	18.5%
Somewhat likely	26.1%
Not very likely	10.7%
Not at all likely	3.6%
Not sure	2.0%
No response	8.9%

Q35. How important do you think it is to have the following in your community?

A. A range of flexible job opportunities for older adults	<u>Total</u>
Extremely important	28.9%
Very important	36.5%
Somewhat important	17.4%
Not very important	4.4%
Not at all important	3.2%
No response	9.6%

B. Job training opportunities for older adults who want to learn new job skills within their job or get training in a different field of work	<u>Total</u>
Extremely important	23.2%
Very important	40.9%
Somewhat important	20.2%
Not very important	6.3%
Not at all important	0.8%
No response	8.7%

C. Jobs that are adapted to meet the needs of people with disabilities	<u>Total</u>
Extremely important	34.4%
Very important	32.7%
Somewhat important	18.8%
Not very important	3.5%
Not at all important	1.2%
No response	9.5%

Q36. Does the community where you live have the following?

A. A range of flexible job opportunities for older adults	<u>Total</u>
Yes	12.3%
No	16.7%
Not sure	66.3%
No response	4.7%

B. Job training opportunities for older adults who want to learn new job skills within their job or get training in a different field of work	
Yes	8.2%
No	14.2%
Not sure	72.6%
No response	5.1%

C. Jobs that are adapted to meet the needs of people with disabilities	<u>Total</u>
Yes	14.9%
No	13.7%
Not sure	66.4%
No response	5.1%

Q37. Would you turn to the following resources if you, a family member or friend needed information about services for older adults such as caregiving services, home delivered meals, home repair, medical transport, or social activities?

A. Local Senior Citizens	<u>Total</u>
Yes	79.1%
No	13.8%
No response	7.1%

B. Local Area Agency on Aging (AAA)	Total
Yes	51.9%
No	37.1%
No response	11.0%

C. Family or friendsTotalYes87.3%No6.7%No response6.0%

D. Local nonprofit organizations	<u>Total</u>
Yes	59.6%
No	31.6%
No response	8.9%

E. AARP	<u>Total</u>
Yes	53.3%
No	35.3%
No response	11.4%

F. Faith-based organizations like churches or synagogues	<u>Total</u>
Yes	40.9%
No	49.6%
No response	9.5%

G. Internet	<u>Total</u>
Yes	74.7%
No	16.9%
No response	8.5%

H. Phone book	Total
Yes	47.9%
No	42.7%
No response	9.4%

2016 West Sacramento Age Friendly Community Survey	- /
I. Your doctor or other health care professional	Tota
Yes	72.7%
No	20.1%
No response	7.2%
J. Local government offices like the Health Department	Tota
Yes	68.1%
No	24.6%
No response	7.3%
K. Library	Tota
Yes	49.1%
No	41.9%
No response	9.0%
Extremely important Very important Somewhat important	26.8% 41.3% 22.8%
•	
Not very important	2.8%
Not at all important No response	1.9% 4.4%
B. Clearly displayed printed community information with large lettering	Tota
Extremely important	20.9%
Very important	38.2%
Somewhat important	29.29
Not very important	5.9%
Not at all important	0.8%
No response	4.9%
C. An automated community information source that is easy to understand like a toll-free telephone number	Tota

number	<u>Total</u>
Extremely important	18.8%
Very important	32.5%
Somewhat important	23.5%
Not very important	19.2%
Not at all important	1.7%
No response	4.3%

D. Free access to computers and the Internet in public places such as the library, senior centers or government buildings	Total
Extremely important	28.7%
Very important	35.0%
Somewhat important	25.3%
Not very important	5.0%
Not at all important	1.7%
No response	4.3%

E. Community information that is delivered in person to people who may have difficulty or may not be	
able to leave their home	<u>Total</u>
Extremely important	23.7%
Very important	34.8%
Somewhat important	22.1%
Not very important	14.0%
Not at all important	1.3%
No response	4.1%
F. Community information that is available in a number of different languages	<u>Total</u>
Extremely important	20.3%
Very important	30.4%
Somewhat important	23.6%

12.3%

8.9%

4.4%

Total

Not at all important No response

Not very important

Q39. Does the community where you live have the following?

A. Access to community information in one central source	<u>Total</u>
Yes	25.1%
No	8.7%
Not sure	62.4%
No response	3.7%

B. Clearly displayed printed community information with large lettering	<u>Total</u>
Yes	18.4%
No	16.3%
Not sure	61.3%
No response	4.0%

C. An automated community information source that is easy to understand like a toll-free telephone

number	2	. <u>Total</u>
Yes		9.8%
No		12.9%
Not sure		73.7%
No response		3.6%

D. Free access to computers and the Internet in public places such as the library, senior centers or government buildings

Yes	52.3%
No	3.8%
Not sure	40.2%
No response	3.8%

E. Community information that is delivered in person to people who may have difficulty or may not be able to leave their home Vec

Yes	10.9%
No	11.4%
Not sure	73.9%
No response	3.7%

F. Community information that is available in a number of different languages	<u>Total</u>
Yes	25.9%
No	7.2%
Not sure	63.5%
No response	3.4%
QD1. Are you male or female?	<u>Total</u>
Male	47.4%
Female	52.6%
No Response	-
QD2. What is your age as of your last birthday?	Total
50-54	18.4%
55-64	31.8%
65+	31.9%
No Response	-
QD3. What is your current marital status?	Total
Married	53.3%
Not married, living with partner	4.1%
Separated	1.2%
Divorced	18.5%
Widowed	9.9%
Never married	11.3%
No Response	1.7%
QD4. Are you or your spouse or partner currently a member of AARP?	Total
Yes	26.7%
No	73.3%
No Response	-
QD5. Besides you, do you have any of the following people living in your household? A. Child/children under 18	Total
Yes	21.8%
No	61.9%
No Response	16.3%
B. Child/children 18 or older	Total
Pes	<u>Total</u> 20.0%
No	61.2%
No Response	18.8%
C. Child/children away at college	<u>Total</u>
Yes	7.8%
No	64.7%
	07 50/

No Response

27.5%

2010 West Sacramento Age menary community Sarvey		
D. Parents	<u>Total</u>	
Yes	7.7%	
No	66.8%	
No Response	25.5%	
E. Other adult relative or friend 18 or older	Total	
Yes	16.2%	

No	61.0%
No Response	22.8%

QD6. Do you have any of the following kinds of health care coverage?

A. Insurance through a current or former employer of yours or your spouses	<u>Total</u>
Yes	67.7%
No	30.0%
Not sure	-
No response	2.4%
B. Insurance purchased directly from an insurance company (not through an employer)	<u>Total</u>
Yes	20.1%
No	62.3%

Not sure	6.2%
No response	11.5%

C. Medicare, for people 65 and older or people with certain disabilities	<u>Total</u>
Yes	32.7%
No	50.3%
Not sure	6.2%
No response	10.7%

D. Medicaid or any kind of government assistance plan for those with low incomes or a disability	<u>Total</u>
Yes	12.8%
No	63.6%
Not sure	8.2%
No response	15.4%

E. Veterans Administration or other military health care	<u>Total</u>
Yes	9.5%
No	67.9%
Not sure	9.7%
No response	12.9%

F. Any other insurance coverage	<u>Total</u>
Yes	12.9%
No	64.3%
Not sure	9.9%
No response	12.9%

QD7. Does any disability, handicap, or chronic disease keep you and your spouse or partner from	
participating fully in work, school, housework, or other activities?	<u>Total</u>
Yes, myself	19.4%
Yes, my spouse or partner	5.7%
Yes, both me and my spouse or partner	2.4%
No	71.4%
No Response	1.0%
QD8. Are you of Hispanic, Spanish, Latino origin or descent?	<u>Total</u>
Yes [GO TO Question D9]	11.9%
No [GO TO QUESTION D10]	80.0%
No Response	8.2%

QD9. If you are Hispanic or Latino, please indicate which one best represents the language(s) you

speak at home. (n=48)	<u>Total</u>
Spanish only	-
Spanish most of the time	19.5%
Spanish and English equally but prefer Spanish	6.7%
Spanish and English equally and do not have a preference	2.9%
Spanish and English equally but prefer English	4.6%
English most of the time	36.8%
English only	29.4%
No Response	-

QD10. What is your race?	<u>Total</u>
White or Caucasian	78.8%
Black or African American	4.4%
American Indian or Alaska Native	1.7%
Asian	8.0%
Native Hawaiian or other Pacific Islander	0.7%
Other, please specify	6.0%
No Response	2.5%

QD11. What is the highest level of education you have completed?	<u>Total</u>
K-12th grade (no diploma)	5.3%
High school graduate, GED or equivalent	21.0%
Post-high school education/training (no degree)	19.4%
2-year college degree	12.7%
4-year college degree	12.1%
Post-graduate study (no degree)	9.0%
Graduate or professional degree(s)	17.7%
No Response	2.8%

QD12. Thinking about state elections for your state Governor and Legislators in the last five years,

how often would you say you vote?	<u>Total</u>
Always	63.0%
Most of the time	17.7%
About half of the time	1.0%
Seldom	6.1%
Never	9.6%
No Response	2.7%

QD13. Do you consider yourself to be a Democrat, a Republican, an Independent, or something else?	<u>Total</u>
Democrat	39.9%
Republican	18.5%
Independent	14.9%
Something else	21.6%
No Response	5.1%

QD14. In general, how often do you go online to access the Internet for things like sending or receiving email, getting news and information, paying bills or managing finances or buying products or services? This includes access from home, work, a mobile device (such as a smart phone), or Total someplace else. Several times a day 57.4% 13.3% About once a day 3-6 days a week 2.8% 4.7% 1-2 days a week Once every few weeks 5.6% Once a month or less 2.5% Never go online 12.4% No Response 1.3%

QD15. What was your annual household income before taxes in 2014?	<u>Total</u>
Less than \$10,000	5.8%
\$10,000 to \$19,999	8.6%
\$20,000 to \$29,999	8.5%
\$30,000 to \$49,999	19.8%
\$50,000 to \$74,999	12.2%
\$75,000 to \$99,999	10.1%
\$100,000 to \$149,999	17.2%
\$150,000 or more	6.2%
No Response	11.7%

QD16. Please use the space below for any additional comments.

Total